

Your 6-Week Study Calendar

Bonus · a build-up plan that peaks at test day. Fill in your dates.

NCLEX
BOOTCAMP

Week	Focus	Question target	Done?
1	Foundations & method. Learn how the test thinks; fundamentals, safety, basic care & comfort.	300–400	<input type="checkbox"/> ____/____
2	Pharmacology. Drug classes, high-alert meds, antidotes, calculations.	400–500	<input type="checkbox"/> ____/____
3	Med-surg by system. Cardiac, resp, endocrine, renal, GI, neuro.	500–600	<input type="checkbox"/> ____/____
4	Specialties + NGN. Maternal-newborn, peds, mental health; drill case studies.	500–600	<input type="checkbox"/> ____/____
5	Prioritization & weak spots. Delegation, "what's first?", rework every miss.	500–600	<input type="checkbox"/> ____/____
6	Simulate & taper. Full-length timed sets, then rest. Retire mastered material.	300–400	<input type="checkbox"/> ____/____

Daily rhythm (repeat most days)

- Warm up: review yesterday's missed questions (15 min)
- Practice block: timed questions on the week's focus (60–90 min)
- Rework: read the rationale for **every** question — right and wrong (30 min)
- Log: jot the 3 things you keep missing into a "leak list"
- Rest: protect sleep — a tired brain reasons worse than a rested one

Behind, or not sure where your gaps are? A single 90-minute 1:1 session can rebuild this plan around your weak spots — and the white paper is included free.